

PSCDG NEWSLETTER

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Tuesday, April 8, 2025



Mind-Body

Women & Girls wellness day

Our Mind-Body Women & Girls Wellness Day event was an absolute success and a truly heartwarming experience! It was wonderful to see so many women & girls bonding and enjoying the day together, all while learning how to better prioritize their health and well-being. The event offered a perfect blend of fun, relaxation, and education, with a panel who provided a wealth of insightful information on everything from mental wellness to physical fitness.

The panelists shared valuable tips and strategies for self-care and mindfulness, leaving attendees feeling inspired and equipped to nurture both their minds and bodies. The energy in the room was positive, empowering, and uplifting, and it was clear that everyone left with a renewed sense of purpose and connection. We are so grateful to everyone who participated and contributed to making this event a truly special day.

UPCOMING News

DON'T
MISS OUT!



**Adopt An Employee
R.Y.I.P
Summer Initiative**



Join us in making a difference!
Donate today to support our cause.
We welcome monetary contributions
and new items to make an impact.

📍 1175 NE 125th suite # 512 Miami, FL 33161



Phone: (786)773-1345



Email: agency@p-scdg.org



www.p-scdg.org



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SHINE BRIGHT After School Program

SPRING

This spring break, the Shine Bright After School Program had the privilege of bringing joy and excitement to the children we serve. With a week full of laughter and adventure, we made unforgettable memories together. The kids enjoyed fun-filled trips to the pool, played exciting games of paddle, and indulged in delicious ice cream treats. But it wasn't just about the activities—it was about creating a sense of belonging and community. From sharing smiles over board games to making new friendships, we were reminded of the importance of connection, joy, and the simple moments that brighten a child's life.

S.A.R.A



The S.A.R.A (Substance Abuse Prevention Alliance) program recently hosted an engaging and informative "Know the Law" session at Miramar High School, led by the Miramar Police Department. This session provided valuable insights into the legal consequences of substance use, helping our youth understand the serious ramifications of such choices. Through interactive discussions, the students learned about the mental, physical, and legal impacts of substance abuse, empowering them to make informed decisions and avoid risky behaviors.



Adopt-An-Employee

With summer approaching, the Adopt-An-Employee Campaign offers businesses the chance to provide valuable work experience to youth, free of charge. By adopting a young employee, you can foster skill development while making a positive impact on the community. It's a great opportunity to invest in the next generation of leaders and help shape a brighter future!



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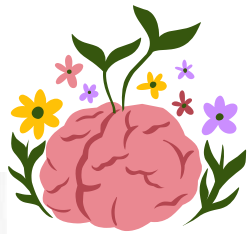
R.Y.I.P.

In the RYIP (Reentry Youth Intervention Program), we recently had the opportunity to celebrate a significant milestone with several of our youths, as they opened their very first bank accounts with TD Bank. It was a proud moment for all of us, and we were thrilled to assist them in taking this important step toward financial independence. A special thank you to TD Bank Manager Hector Perez, who warmly welcomed us and generously offered to host a financial literacy session for our R.Y.I.P. youths. This session will provide valuable tools and knowledge, empowering them to build a strong financial future. We're excited for the continued partnership and the positive impact it will have on our youths' lives.




Let's Talk Mental Health

PSCDG offers free mental health services for children and families in Miami-Dade and Broward counties. Our mission is to make these essential support services readily accessible within local communities and to help break the stigma surrounding mental health. For more information, please contact us.



PROSPERITY IS HIRING...

PSCDG is in search of awesome leaders to work in our programs. We are looking for License Clinical Social Worker, and Master Level Social Workers. The positions are full or part time and pay a competitive rate. Please send all inquiries to agency@p-scdg.org or call 786-773-1345. Join our awesome team today!

 1175 NE 125th Suite #512 North Miami, FL 33161

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